

# Respite Services



**...it's your choice.**



# so what is Respite Service?

Respite is a flexible service offering clients and their family carers a supportive break from each other.



The service can be provided from 1 to 28 days staying with a family. This is a tailor made service which:

- ~ Provides a break for the family carer and client.
- ~ Provides a client with the experience of living with other people.
- ~ Respite can be provided as a planned progression into extended stay.

“ I have a good time and the people are nice and easy to get on with. I went to a show and walked along the sea front. I never get bored of Skegness where I go. ~ *Chris, a Respite client.* ”

“ Respite care has been essential to us, giving us a break so that we can devote more time to ourselves and other family members, such as my aging parents and our grandchildren. ASA respite plays an invaluable role permitting us a chance to arrange to do things that have in the past been difficult to achieve. ~ *Bill & Barbara a client's parents.* ”

### How can I access the service?

In the first instance contact ASA by phone or by calling into our office (details on the back of this leaflet).

### How are respite families trained?

Providers receive initial training and supervision before commencing work and regular training packages are provided by ASA thereafter.

### How are ASA providers vetted?

All providers are subject to checks including health, employment reference and criminal records. Providers are then interviewed and if successful an ASA worker completes a Home Assessment with the provider.

### How do I know its right for me?

An ASA worker will introduce the client to a family and it will be a joint decision whether the client wishes to spend their respite with them.

### How are respite providers reviewed?

Regular visits are made to the providers by an ASA worker who evaluates the providers work. Every two years a report is taken to the ASA Approval Panel for re-approval.

**frequently**  
**asked questions...**

# where to contact ASA...

## Head Office

Railton House  
Sleaford Business Park  
Sleaford NG34 7EQ

Tel. 01529 416270

Fax. 01529 414012

Email. [enquiries@asaorg.co.uk](mailto:enquiries@asaorg.co.uk)

Website. [www.asaorg.co.uk](http://www.asaorg.co.uk)

## We also have offices in:

- ~ Louth
- ~ Boston
- ~ Lincoln
- ~ Spalding
- ~ Gainsborough