



issue 05

## "Say Cheese Everybody" The 3rd birthday party group

Wow, what a year 2007 has been, one of the fastest I've ever known. Possibly quicker than Lewis Hamilton on a Grand Prix circuit....well not quite. Another year to reflect back on and what have we learnt? Gordon Brown isn't as good as he says he is, England's apparent golden football generation can't even qualify for the European championships, all Blue Peter competitions are fixed....now I'll never get my badge and Christopher Biggins is King of the Jungle. In spite of all this, ASA is still as strong as ever and the Jigsaw newsletter has made it to its fifth edition. Probably the best to date, this Jigsaw is packed to the rafters with stories and articles from all four corners of the scheme.

Just keep them coming in for the next edition. All that there is left for me to say is 'Merry Christmas everybody and a Happy New Year'. See you soon Dean

Okay, so hands up those who didn't go to the ASA 3rd Birthday Party at Grantham in November...shame on you!!! Well you missed a right old knees up, a big, big thank you to all of you who made the effort to attend, nearly 100 guests in total.

The atmosphere was crackling with excitement, with everyone taking the opportunity to get to know everybody else, faces old and new...some older than others I might add.

The food was great and not a bottle of Badgers Creek was in sight, I told you to leave it to the professionals..... for more on the party see inside.

## Reflection on 2007

Hello Everyone, I just wanted to take a few minutes of your time to look back over the last year and highlight **some** of ASA's achievements.....

Client recruitment group – we were invited to head a conference about meaningful participation in Leicester organised by Skills for Care. This proved to be highly successful and displayed our commitment to real partnership working within all groups of ASA.

Qualifications – Many of the team have been studying for external qualifications via NVQ or equivalent. To those that have completed this as well as continuing their busy working and home lives a big congratulations.

Business is booming – we are currently exceeding our expectations of the contract with Lincolnshire County Council as well as seeing a growth in new individual and private work – all of

which will enable ASA to look at new and innovative projects for the future.

Recent celebrations – We are 3 years old can you believe it!!? The party was a huge success and reminded us all present just what we (ASA) as a whole are capable of. We saw the launch of our updated branding and website which will be fully launched in the new year! (Watch this space for more information)

New Offices – last December 18<sup>th</sup> you are aware the Sleaford Offices moved into our purpose built space which has been fantastic and every morning we all genuinely appreciate walking into the office which works so well for all the Team. We have shared our space with many of our ASA groups over the year from those undertaking training, meetings, provider/client groups and celebrations of success – or just people popping by to see us and having a coffee!! If you haven't already been please do in 2008 we would love to see you.

I know there is a long long list I could have mentioned but that would have taken up all your Christmas!! So to all of us

**WELL DONE AND THANK YOU!!**

So instead have a fantastic merry time and may we look forward to a happy, peaceful time together next year.

With sincere best wishes  
Trixie



## Welcome

Jigsaw would like to welcome the following people to Adults Supporting Adults.

Wendy & Norman Clifton – Boston area Extended Stay providers

Chris West & Karen Newton  
Sleaford area Extended Stay providers

Heidi Danzey – Skegness area Respite provider

Darren Kingswood – Louth area Day Time Provider

Linda Slack – Gainsborough area Day Time Provider

Jean Killingsworth - Gainsborough area Day Time Provider

Emma Hilton - Gainsborough area Day Time Provider

Ben Bowser - Gainsborough area Day Time Provider

Sarah Clayton – Spalding area Day time Provider

Eileen Davies - Spalding area Day time Provider

Well done to all of you on completing your Common Induction and Pre-Approval training.

Also congratulations to Lisa Spencer on being made permanent Area Supervisor for the Boston area.

## ASA Moves into the Catering Industry

As always the scheme is looking to follow up new ideas and it has recently decided to move into the catering industry. With news of 'Badgers Creek' and cheese spread buffets reaching as far a field as Grimsby, Trixie and Jayne have decided to don their big white hats and start whipping up a storm in the kitchen. So if you're having a wedding, funeral, bar mitzvah, or anniversary, all occasions can be catered for. If interested please call Jayne on 01529 416270 and ask for Fanny Morton.



Hmmmm...more pie please Mrs Morton



# Haven Lea Crew Update

Sandra Nicholls

Hi, Marisa (my day time provider) showed me the Jigsaw magazine, saw the article, found the whole magazine very interesting, I will write another piece for the next issue if you still would like me to, also including photos of course, just let me know and I can begin getting it together. Marisa is on holiday next week as you know and Hayley has bravely accepted the challenge to take me, Sybil, and Matty to do the PAT DOG visits. Next time I write I would like to particularly mention Marisa, she is great, has given me confidence, knows just when I need that little extra shove, all in all Marisa is a great tonic and I look forward to seeing her each week, yes she is brilliant, just right for the job, Sybil, and Matty adore her too.

Hi, Been out with Hayley this morning, did a PAT DOG visit, brilliant, Hayley is great, very kind, patient and understanding, the dogs love her too, tomorrow we are off out again for more adventures which we are all looking forward to, all thanks to the scheme to which I shall always be eternally grateful, it has opened up a whole new dimension for me, thank you. I will also get started on the next article for the magazine and prepare photos too.

All is quiet here at 'Haven Lea' as I write, the 'Crew' having their circuit around the garden decided that enough was enough of this cold misty November day and decided to return indoors to the comfort of their cosy baskets while mum did battle with the household chores, made difficult by limbs that refuse to co-operate properly. Battle commences once more on a different front, the computer, wonder if it has the sulks today as it refuses to send emails and generally be unhelpful. I am writing this with a little black pug firmly ensconced on my lap, Saucy Sybil. She refuses to budge despite a gradual downward slide towards terra firma!! Hope all readers are keeping bright and cheerful, no time for the glums here, next time I write Christmas will be with us and I will include more photo's of the 'Crew' in party mood, Christmas cards to write and lots of paws to help with wrapping presents, irresistible crinkly paper and brightly coloured ribbon, have fun dear readers.

Hope all ok at your end, very best wishes, from, Sandra Nicholls, and all at 'Haven Lea'.



Picture of Saucy Sybil saying 'Hello' to all Jigsaw readers...happy fellow



Picture of 'Saucy Sybil' and 'Matty Yum Yum' with their favourite toys.

## Reminder for Articles

A big thank you to all of you out there who continue to keep sending me in articles for the newsletter. I was wondering though if it would be at all possible for those of you that have access to a computer, to email me your articles. You can reach me on [dean.barnshaw@asaorg.co.uk](mailto:dean.barnshaw@asaorg.co.uk)

## Free items to give away

The Auctioners at Bourne are giving away some stair lifts, walk in baths and other adaptations for the home. Some of the items are almost new but they are not fitted nor safety checked. Please contact Chris Richardson on 01778 422686

## Tenpin Bowling Comes to Town

By Sam Jervis from Fillingham

Earlier this year Middlefield Lane in Gainsborough welcomed a Bowling Alley called JJs Bowlmania. Currently it has six lanes for Tenpin Bowling but if it becomes more popular they are going to increase the number of lanes. Also they have got a Bar, snooker table and a children's play area. Normally ASA go bowling in Lincoln but for a change we went to JJs Bowlmania for the first time on Monday 8<sup>th</sup> October. I think Bowling in Gainsborough is a good idea as people don't have to travel far. I enjoyed it and it has a good atmosphere.

## A Special Day

Hilda Millett from Long Sutton

Monday the 23<sup>rd</sup> of April was a special day, Helen [my DTP worker] took me to Kings Lynn. I was able to do some shopping. I felt quite excited. Helen managed to park opposite the Duke's Head Hotel. The hotel holds memories for me, I stayed over night there once with my late husband, Harry, while attending a meeting. I went shopping and bought myself a dress from M&S a long time ago. So now back to my special day. After parking the car, I walked with Helen to Marks and Spencers, where I did some shopping. I bought two cardigans and a summer skirt, which with Helen's assistance I was able to try on in the fitting room. By that time it was 12.30pm, so we decided to have lunch and walked back to the Dukes Head.

I enjoyed my lunch; we had prawn sandwiches, served with side salad etc, very nice. We then had a large cup of coffee, but nice coffee. It was about 1.15pm, so we walked again as far as British Home Stores, looked the store and I treated myself to two new cotton night dresses. It was then time to walk back to the car and home.

I had thoroughly enjoyed my day out, but must admit to feeling rather tired in the evening. Helen was very kind and helpful. On May 18<sup>th</sup> it was my birthday, I was 99 years old; so I think I'm doing quite well. .

# The Curse of the Poppy

Grant Robinson

Several years ago I moved to a little village, outside the town of Grantchester, in Cambridgeshire. My house overlooked 'The Old Vicarage' where I'd heard a famous couple lived. When I initially bought the place as it was just an old run-down cottage; it looked very old on the outside and, everywhere, inside were cobwebs covering the wooden tables and chairs, the walls needed completely repainting; basically the whole place needed completely re-doing. However, there was a large garden to the front of the house, and another garden and an orchard to the rear.

Once the inside had been redecorated, and cleaning was completed, the whole of the inside of the place looked very grand; and surrounded by the gardens and orchard the whole place looked stunning.

The front garden was full of different coloured flowers: reds, greens, purples, yellows and blues; however, there was one flower that stood out from the rest, it was a bright red poppy. This flower refused all attempts at being cut, when I wanted to take a cutting from it, it didn't seem to die down like the other flowers did towards winter time.

I know this because; before I'd bought the cottage I'd visited it on several occasions, once in the twilight of a winter evening, and stood in the middle of the front garden was this poppy. Of course, some people may say it wasn't the same flower but I am sure it was.

Plus, when I'd first bought the place I did think about concreting the garden thus making a patio area; I started out on this task by spraying every flower with weed killer, this did work on most

of the flowers, but when I reached the poppy I sprayed it with the weed killing solution I'd mixed but it didn't die down straight away as I'd expected. Therefore I went back inside and made myself some tea thinking that maybe the solution may need a minute or two to work.

About half an hour later I ventured back outside and discovered, to my amazement, that the poppy was still standing proudly as if it owned the place; I returned inside for my weed killing solution and sprayed that stubborn flower until the bottle was empty. Hoping that this would work I retired to my bed.

Next morning I awoke, got up and looked out the window and saw that the poppy was still there, I muttered some blasphemy's about it then I realized I should consult my new neighbours to see if any of them knew why the poppy wouldn't die.

Therefore after breakfast I walked down the street, as I'd seen an elderly gentleman sitting in his front yard. I called to him, "Hello sir, do you mind if I come in, as I have just moved in down the street and was wondering if you could help me with a small problem I've encountered?"

"Certainly young sir, come in and tell me your problem," came the reply. I opened the gate, walked up the path, and sat in the chair offered to me. And what is the problem young sir?" he asked me when I was seated.

"I have a poppy in my front garden, I was planning to pave my front yard, and this poppy refuses all my attempts to kill it. I was wondering if you knew anything about it."

"Aye I do. The old cottage

## Cont.

you've moved into, well it belonged, many years ago – when I were a lad, to an old woman whom, it was said, cast spells, a modern day witch if you like, and tis said that she cast a spell on that there flower to never die, therefore the flower in question acts as a watcher on the property, and should someone buy the place and manage to kill the said poppy, conventional methods won't work, a terrible fate will befall the owner. I hope that answers your question."

"It certainly does. Thank you kind sir," I said and took my leave of him. I hurried home and sat in the garden, staring at this flower, thinking to myself: I like living here, but, I would like to make this place my own and pave the front yard. Alas, I cannot because of this, infernal, poppy. Can I carry on living here? Knowing that every morning when I look out into the yard I would be greeted with the sight of the poppy. I realised I couldn't, therefore I went inside and telephoned

the estate agents to inform them I wished to sell the property. A few days later the property was put on the market again.

About a month later an offer was made on the place and accepted. So again the cottage had new occupiers, I don't know if they knew about the importance of the poppy but they never enquired as to why it was the only flower in the garden.

As I have stated, that all happened several years ago. I have driven past the old place a couple of times and the poppy was still standing. However, recently there was a story on the local TV news, 'Man crushed as house collapses in Grantchester'. Upon hearing this I took a drive up to the old cottage, and found, to my horror, that it was the old cottage that had collapsed. Evidently, the owner either: didn't know, or had ignored, the curse of the poppy.

## Hello Again

Thomas Morrison from  
Gainsborough

Hi it's me Thomas, I have been on holiday to Butlin's at Minehead for a week. I went with Dave, Jenny, Ben, David, Slyvia and Christina. We all had a great time. We came back on the Friday and then on Saturday I helped my sister Ellen move into a new house.

Dad, me, Tony and two men helped carry all the heavy things. My mum Ellen and Shona unpacked the boxes. We finished at five o' clock. I will have a new room if I stay with Ellen anytime.

I went to Wales (Rhyl) in October for

five days, we went up Snowdonia and also went to see the wooden train. We stayed at the Westminster Hotel, it was lovely and the food was 'brill'. I'm going out for the day to Bridlington with mum, dad, Rob and Doreen. See you soon Thomas.

PS. Thomas recently raised £53.50 for ACT One Drama group doing a sponsored walk.

**Thomas looking as happy as ever. Sorry to hear about Gainsborough Trinity going down 6-1 at home to Hartlepool..Never mind better luck next time he he!!**



## My Life Story

John Scarsebrook from Willingham by Stow

"I was born on the 20<sup>th</sup> of June 1931 at Warton Hill, near Blyton on the Scunthorpe Road to Gainsborough. My father, who was a small man, was in service on the farms, he used to get up at four o'clock every morning to see to the horses. We lived in a house tied to the land and my mother stayed at home and looked after me and my seven brothers and sisters. Jim, the oldest, would have been well into his eighties now, he used to visit me a lot until he passed away a few years ago, then there's Gladys who lives in Newport, South Wales, I haven't seen her for over forty years, then Beryl who's passed on, then me, Eddie is a verger at a local parish church in Gainsborough, next is Raymond who lives close by in Kexby, Eileen lives in South Africa but she visits at least twice a year, she bought me my first motorised scooter after my stoke, and finally there's the youngest Frank who lives in Lincoln.

Our childhood was very poor and we didn't have a lot of money, but I do remember my mother and father always biking into Gainsborough, about 4 miles each way to pick up the shopping and Christmas presents, with the bags hanging off the handle bars.

In 1938 we moved to another farm close to Hemswell Cliff air base, right next to a big searchlight and gun emplacement. My mother had a vegetable patch and we used to swap vegetables for meat with the soldiers. One time when they brought up a big joint of meat, they had two Great Dane dogs with them. Well one of them must have thought I was trying to steal my younger brother, Eddie's sweets, whilst he was sat on the blanket outside. The dog attacked me and ripped off my left ear, it was just hanging on by the lobe. My mother had to run across the fields to fetch my father to take me to Doctor Thompson in Kirton Lindsey, who stitched it back on, I'll always remember his name.

I recall my first day at my new school in Springthorpe when I got the stick. No-one

wanted to play with me because I had just moved from Warton Hill. I kicked this stone, it hit a nail and went straight through a window, I got three lashes on my hand for that. We also used to chew up blotting paper and throw it on the ceiling, waiting for it to drop on the desks; that was fun. I remember another time when I was having a smoke with some others and a butt must have set alight the hollow Willow tree where we were smoking. We could see it burning from our house, just at the same time a bombing raid had started over Scunthorpe and Sheffield. We often used to see the doodle-bugs flying over as well. One day my dad took me to Hull in his lorry and we could see all the bombed out houses and shops.

As a child we would always be playing in the fields, I remember when the soldiers were preparing for D-Day, and they were staying in tents in an orchard. Anyway, after they had gone I found a bayonet stuck in the trunk of a crab apple tree, I know I should have handed it in, but I still have it today. We used to see the Lancaster Bombers returning to Hemswell flown by the brave Polish crews. They flew that low you could see the damage from the flak after returning from the raids. Some even crashed in the fields before they landed. My father was exempt from the war because he worked on the land. After the war, he went on to work as a lorry driver for a mill, but he lost two fingers in some machinery, he couldn't work anymore after that. The company tried to throw us out of the house as it was tied to the job, but we went to court and the judge said we could stay until we found somewhere else.

When I left school in 1946, I went to work as a blacksmith, shoeing horses, I really enjoyed that job. I then got called up for National Service in 1952; I was twenty-two years old. Just before I went off to complete my training in Blandford in Dorset, I met my wife to be, Gillian, at a picture house in Lincoln. I was originally meant to meet her girlfriend, but she didn't turn up for the date. On the way home I walked straight into a lamp post

John and his wife Gillian smiling for the camera.





and cut my eye open. We shared the bus home, because Gillian lived in the next village.

Going down to Dorset was the first time I had ever been on a train and the first time I had left Lincolnshire. After training I was posted to Newark in the REME. Nothing much happened, but we did help out during the Great Flood of 1953 on the East Coast. Finally I ended being the driver for the Colonel, ferrying him between Newark and the barracks at Lincoln. My mates used to call me 'Camp Alarm' during my two years National Service, as I used to get everybody up in the morning. I've never used an alarm clock in my life up until recently. I remember that I used to get a lift home sometimes from my mate Geoff on his motorbike, he was always in a rush though. One time just as I was cocking my leg over the back of the bike to get on, he sped off and left me, he'd gone quite a way before he realised I wasn't on the back.

After National Service, I became a lorry driver for a local company taking cattle to market; it was very long hours, sometime I didn't finish until early in the morning, often sleeping in the cab seat, they didn't have beds in those days. They used to call me 'Fingers', as I was always trapping my fingers in the cab doors. I would drive to all the big cattle markets in the area, Scunthorpe, Doncaster, Hull, Lincoln, it was hard work. One night I found myself in Liverpool with just 10 shillings in my pocket. I asked a policeman where I could stay; he said that I shouldn't park round here as I would be robbed. The officer said I could knock his colleague's hat off for a night in the cells, but in the end he directed me to the Salvation Army. I stayed with the same job for thirty odd years.

Before we got married, Gillian worked as a Railway Porter with her father at Stow Park for Marton. When he wasn't there, she would often have to shovel ten ton of coal from the trucks onto the platform for the station fires, and wheelbarrow 16 stone bags of corn onto the waiting lorries. You wouldn't get many women doing that these days, she also had to bike all the way from Sturton. A few days before we got married, Gillian fell off her bike, hurting her knee, which meant she couldn't bend down to be blessed during

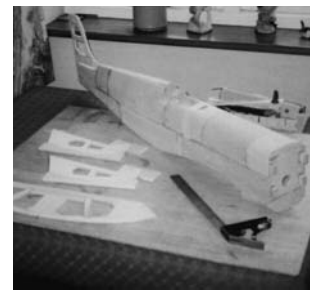
the ceremony. We didn't get married until 1958, because we wanted to pay for the wedding outright and we didn't want anything on HP, and we never have all of our lives. When we were saving for a washing machine, Gillian had to wash the sheets in the bath. When we were courting, I had a motorbike and we used to go off to Cadwell Park watching the racing and scrambling. One Christmas whilst delivering presents we came off the bike on an icy bend, I was more concerned about the bike rather than the wife.

We have two lovely daughters, Linsay born in 1961, who became a cook in the RAF and served in the Gulf War, she now works at Ranby Prison, and Theresa born in 1963 who used to work for the Inland Revenue. We also have a 13 year old granddaughter called Faye, who is into drama, singing and ballet, but we just don't see her enough.

After a few other jobs, I retired in 1996 aged sixty-five and I really got into my bird watching and visiting RSPB sites in Norfolk and Yorkshire. I also have a fish pond and keep 23 Koi Carp; they give me a lot of joy. Unfortunately, I had a stroke in 2001, which affected the left side of my body, meaning I couldn't drive anymore. It prevents us from doing a lot of things, but at least my sister in law and her husband take me and the wife away to Darwin Forest in the Peak District. It's beautiful up there, around Darley Dale, we take our own feeders for the birds and squirrels, there's woodpeckers, finches, nuthatches the lot.

For the last year my DTP worker Diana has been helping me to build a model Spitfire aeroplane, complete with an engine. We've put together twenty parts, but there's another forty to go. Diana is good for me, helpful, she is very patient with all the bits and pieces, and is a calming influence; I get frustrated because of my hands. She has become a good friend to me and Gillian.

It is our 50<sup>th</sup> Golden Wedding Anniversary next February, we are going to invite all of the family; hopefully they will be able to come. Eileen, my youngest sister and my sister in law were bridesmaids that day. It's a shame how everyone loses touch as time goes by and we all get older, but we're looking forward to next year's party".



**The infamous model Spitfire plane.....20 parts complete only another 40 to go.**

## Open Letters to ASA

As part of the new marketing strategy, some clients were asked to write testimonials for the redesigned brochures and ASA website, which should be up and running sometime soon. The letters sent in were that good I thought I would publish a few of them. They give a real flavour of how day time provision and extended stay placements can have a positive affect on peoples' lives.

I think it is a good thing ASA was launched as it provides a range of services fro people. I personally think my day time provider will help me try out different things such as shopping, going to the cinema, visiting different places. He helps you do more things for yourself and to be more independent.

What I do like about ASA is that you are given a chance and encouraged to try out different things for yourself. I also like going to the different ASA social events and the chance to meet and make new friends.

Also, with the help of my support worker, I have made some new friends who live not far from where I live and we go to the cinema club every Wednesday morning. He has helped me with my numbers, dealing with money in a day-to-day way.

I have typed this out as part of my computer session, with Andy in the background, as if not there. **By Nick Saunders from Boston.**

Your day time providers do a good job supporting people that need support of all kind. Promoting self support, helping them to achieve what they request to do during the time they are with them. Having a good laugh, keep doing things that they like doing such as swimming, looking around places they like to see, going fro a cup of tea having a sandwich etc.

Andy and I go swimming, then go and have a cup of tea and a chat. We also go looking around the shops to see if I want anything, we have a joke over most things.

As well as going for a cup of tea, we also meet people Andy knows in the community; he always introduces them to me. When I met them they come and have a little talk.

When we go out we have a good time, giving you something to do to stop you from getting bored having nothing to do. It gives you something to look forward to during the week, instead of sitting at home getting depressed and bored. It is a way of getting out and about, changing the way you are helping bring happiness back into your life again. **By Mick Robinson from Boston.**

Mr John 'Boy' Ryan enjoying a tippie or two or three so it may seem



Hello, my name is John Ryan and I like living in Chapel St Leonard's with Elaine, Tony, Alan and Scrumpy the dog. I have been here about five years, when I had to move on as my previous provider was retiring. I like it when Sandi comes round, because if I need to, I get the chance to have meetings with Sandi and Iris my Care Manager and talk about any problems I have or how I feel. Elaine and Tony are very kind to me and help me work things out if I have been upset or fallen out with my friends.

I can now tidy my room and change my bed, I like taking Scrumpy for walks and helping Elaine out with things like hanging out the washing or popping to the shop for her. Elaine helps me learn new things but not too much at once, else I get frustrated. At the moment I am using the microwave to make cheese and beans on toast.

I keep busy by working at Seagull Recycling and at the local pub sometimes. If this gets too much for me I can have a break. Elaine and I go to the gym and car boots, Tony has helped me look into possible college

courses. I make my own list out to remind me to take my tablets and collect my prescriptions. Elaine and Tony check with me that I have remembered.

I go out on my own on the bus to Skegness and I like shopping for my CD's but I also now like the fact that I have saves some money. I have made lots of friends in Chapel who are always looking out for me. What I really look forward to are the holidays to the sunshine that Elaine takes me on. I have great fun and have made friends with the waiters and staff, I keep saving for next time!!! Sometimes I go to another family to have a change which I like as it is in Mablethorpe where I used to live. **By John 'Boy' Ryan from Chapel St Leonards.**

**Why don't some of you readers send me a letter or email telling me what you get up to with your provider? Contact Dean on 01529 416270.**

## Exotic Pet Refuge

William Morrison from Deeping St Nicholas

Hi my name is William and I work at the Exotic Pet Refuge in Deeping St James. We look after animals that have been neglected or suffered cruelty. We have a variety of animals some snakes, alligators, skunks, wild cats, lynx, monkeys, a horse and a lama are just a few of them.

My favourite monkey is Harry, he's cute and I talk to him a lot. This is a picture of Diego, a lama who thinks he's a dog and licks my face to make sure I've had a shave. I'm good at my job and would like to work here all the time as I've made lots of friends.

(Our thanks to Helen in supporting William to send in the article)



**William getting cosy with Diego the lama. I wonder what Diego is whispering to William? " Excuse me Wills' old chap....would you mind awfully popping over there and getting me that bail of hay for supper, as I'm rather peckish".**

## Putting you in Picture

Andrew Hawkes and clients from Boston

Quick update on the flying trips. I have contacted the support worker that gathered the booking details and he has been told to hold back on the booking until they have solved the contact problems. I will keep you informed and so keep Dean from nagging at me.

For all you lovers of the silver screen, who like value for money, a new concessionary cards is available from the **Cinema Exhibitors Association**, which entitles the holder to one free ticket for a person accompanying them to the cinema. An initial fee of £5 for registration is the only payment needed. Contact their email address: [info@ceacard.co.uk](mailto:info@ceacard.co.uk) for more information or tel: 0845 123 1295.

Another scheme available in Boston is at the Westend Cinema. On a Wednesday morning at 11am is the **Sliver Screen Club**. This offers a current film, free tea and biscuits plus a raffle for the cost of £3, what a bargain. Our last film was Harry Potter and The Order of the Phoenix, a good time was had by all, many of us dressed up for the occasion. The club is also a good way for clients to mix and integrate within a mixed social setting. Philip, who I support, wanted to introduce a biscuit club and this has allowed him a role within the club. It's a win, win situation. Hope this info is useful. **From Andrew Hawkes and clients from Boston.**



# Poetry

Diane Everitt from Kirton near Boston

## Poem on a Dolphin

A Dolphin is a big mammal that lives in the big ocean  
 The Dolphin is a free spirit of the ocean  
 Dolphins would not want you unless you are nice to them  
 They are happy to meet people and should be safe to live in the ocean  
 Big ships should not sail in the ocean because they are twice the size of the dolphins  
 The government should stop this soon because I like dolphins and I want them alive  
 Always and safe.

## Poem on a Dog

Dogs are good animals to have because you can train them and take them for walks  
 You and your dog get good exercise and are good companions  
 You can give a dog a name; my sister Georgina has a dog called Lucky  
 She is so friendly to me  
 Lucky likes me because I give her treats and go to Georgina's house to play with her  
 I love Lucky because she is part of the family to us all.

## Poem on a Daisy

A daisy is a small and yellow flower with white petals  
 And yellow in the middle  
 Grown in the garden, children like to go pick them  
 To make daisy chains and daisy crowns to go on wrists and heads  
 Little girls like to pick them for their mums and put them in little vases on window sills  
 When I was little and sometimes not very good, I would look through the window  
 I would love to see them in the garden growing with other flowers.

## Poem on Sky and Stars

The sky is big and everywhere we go  
 It is blue and has white clouds and a yellow sun  
 The birds also fly around in the sky  
 It looks so peaceful when I look at in the daytime or night time  
 When the sky gets dark it looks like a big blanket has covered it over to rest until next day  
 And we have stars with all different names after our planets  
 We see them at night time and also the moon  
 We also see shooting stars we must wish on them  
 Stars are nice to look at because they sparkle and are pretty to see.  
 tle and sometimes not very good, I would look through the window  
 I would love to see them in the garden growing with other flowers.

## Poem on Butterflies

A butterfly is small and has beautiful colourful wings and they fly around in the garden  
 And they land on the pretty flowers because they are nice to see there  
 There are all different kinds of butterflies all over the world.  
 Butterflies are so happy when they are flying all around the garden  
 Because they look like they are at peace in their special garden  
 We also have a butterfly park and I like all butterflies because

## Reminders / Requests from Sleaford Administration Team

Can providers when sending in timesheets/invoices/claims please ensure that the correct postage is used. With the new postal charges brought in by Royal Mail post is now charged according to the **WEIGHT and SIZE** of an envelope. The basics of this are:

### Letter 1st 34p or 2nd 24p

Max dimensions Length 240mm, Width 165mm, Thickness 5mm (roughly the size of an A4 sheet folded in half). Weight upto 100grams

### Large Letter

**Price ranges from 1st 48p to £1.42, 2nd 40p to £1.20**

Max dimensions Length 353mm, Width 250mm, Thickness 25mm (roughly A4). Weight range from 0 - 750grams

Anything over this is classed as a **PACKET OR PARCEL.**

Can Day Time Providers please make sure they complete Box 7 on their timesheets for all hours not completed. Also that timesheets are sent to ASA, Railton House, East Road Business Park, Sleaford, NG34 7EQ to arrive by the 2<sup>nd</sup> of each month.

If Day Time Providers move house or change their bank details they must inform HBS Payroll directly, ASA cannot do this on their behalf. Any changes should be sent to HBS Payroll, Mill House, Brayford Wharf North, Lincoln LN1 1YT.

The mileage rate for Extended Stay, Respite and At Home Day Service

Providers is 40p per mile. We have been receiving claims with 45p per mile on them.

Please find below the remaining invoice and supporting people payment schedules for the year to 31<sup>st</sup> March 2008.

### Invoice Schedule

Period Covered	Invoice Due in Sleaford	Payment Due by
14.10.07-10.11.07	14.11.07	19.11.07
11.11.07-08.12.07	12.12.07	17.12.07
09.12.07-05.01.08	09.01.08	14.01.08
06.01.08-02.02.08	06.02.08	11.02.08
03.02.08-01.03.08	05.03.08	10.03.08
02.03.08-29.03.08	02.04.08	07.04.08

### Supporting People Payment Schedule

Period Covered	Payment Due by
15.10.07 - 11.11.07-	15.10.07
12.11.07 - 9.12.07	12.11.07
10.12.07 - 06.01.08	10.12.07
07..01.08 - 03.02.08	07.01.08
04.02.08 - 02.03.08	04.02.08
03.03.08 - 30.03.08	03.03.08

**"And if you don't do as your told, you'll have me to deal with" Toni the Head Admin Honcho....learning to do joined up writing.**



## Louth and Boston Area

Well folks would you believe we are at the end of the year. A lot of changes have happened, especially the latter half, with new faces and new ways of working being the order of the day. I must thank you all for the way you have taken this in your stride, and myself and Lisa Spencer have been made to feel very welcome. I've near enough met everyone; however there are still a few of you out there that I still have yet to make your acquaintances. In both areas we have received lots of positive feedback regarding the way things are progressing and I hope we can continue this.

I have a few plans for the coming year, one of those being to try and arrange some social events in the area for both clients and providers. The Jigsaw groups for clients are already well established in the Lincoln, Gainsborough and Spalding areas. We usually meet up a few times a year at a café or a pub in the early evening and have a pint and a meal. It

opportunity for everyone to come together and have a laugh, as well as bring articles for the newsletter if they so wish.

Also in the Lincoln and Gainsborough area there is a very strong provider group with nearly 30 people attending this years Christmas party. Throughout the year, the group arranges a summer bar-be-que, ten-pin bowling, visits to garden centres etc and coffee mornings. Again, this is something that I would initially like to get up and running, but then for you as providers to take the reigns. I have already had some interest but if there are anymore providers out there who want to help set things up then please give me a call on **01529 416270**. I know our area is big and we would possibly have to split things in two, but because of all the new providers joining the scheme I really would like to create a sense of togetherness. Have a Merry Christmas and a Happy New Year. **Dean Barnshaw**

## Provider Forum

If you are interested in joining the provider forum or whether you just want to highlight issues relevant to being a provider be it extended stay, respite, daytime provision or at home day service, then why don't you contact the following representatives in your area.

### Steve Hayes

1 Church Road  
Boston  
PE21 9LW  
Tel: 01205 361102

### Dave Harrison

Hill Top Cottage  
Middle Street  
South Carlton  
Lincoln  
LN1 2RW  
Tel: 01522 730923

### John Smith

Hawthorns  
Main Road  
Saltfleetby  
LN11 7TI  
Tel: 01507 338358

### Helen and Ian McDonald

The Cottage  
Blue House Farm  
Deeping St Nicholas  
PE11 3DH  
Tel: 01775 630610

### Janet Baker

Gierudach Cottage  
Roman Bank  
Saracens Head  
Holbeach  
PE12 8BB  
Tel: 01406 422466

## Provider Profile - Mike and Marion Wilkinson from Gainsborough

My name is Marion Wilkinson and I live in Gainsborough with my husband Mike. We became ASA members back in 1990, when it was then known as Adult Placements. This was a follow on from fostering, which we had been involved with since the 1960's.

We had two boys staying with us under the old fostering scheme, which was then transferred to the old style adult placement. This continued for many a happy year, until one of the boys decided that he would like to be more independent, and he went his own separate way. We are still very much in touch and he comes to visit us.

We are still with ASA, and the other boy is now a 32 year old man living with us. We have been known to help out when needed for the past three years or so, with short term placements for two or three weeks. This is depending on the person who is waiting for a long term placement or a flat.

Adult Placements/ASA has changed over the years. There is now a lot more training etc, we get to know other carers within the group and we meet socially at bowling alleys, coffee mornings, BBQs, Xmas parties, and general get togethers. It is not all hard work and we do get a lot of support from ASA itself.

You get to know a lot of carers and ASA staff by name and if you need help of any kind, you can ring the office and ask for the individual by name. They know who you are talking about, as we have all met at sometime.

I do enjoy all the training we do and we can either have a good moan or a good laugh together. I did not think I would like all the learning connected with the courses we have to do, as I am getting on a bit, but I manage okay.



A picture of Mike and Marion "Home Sweet Home"

## Profile on Doug Rawlinson - Director

**Just** After service in the RAF as a flying instructor and a further fifteen years managing medium sized industrial businesses I trained as a social worker, developing a special interest in Mental Health and Learning Difficulty issues. Twenty three years followed in Hertfordshire and Lincolnshire, mostly in social work team management, and included becoming an Adult Placement 'panel' member, here, from the inception of this service. Retiring in 1996, I was fortunate to have the opportunity to continue association with this service as a volunteer, which happily continues to this day along with interests in other charities and in football, France and the arts.



Doug with his effervescent smile, either that or someone is tickling his fancy



## The Friends Group

Brenda Simpkins from Spalding

Sue and Alan Browne are long time providers for ASA who live in Spalding and who four years ago started a group on a Sunday afternoon called Friends.

FRIENDS group is a voluntary group for people with learning disabilities who have a Christian faith and who want to meet together to worship and grow in their faith alongside their friends and at their own level of understanding without a lot of Christian jargon. We use Makaton signing during the meetings.

The group meets every Sunday afternoon at the Baptist Church (3.15pm to 4.30pm). the meeting is lively and interactive and afterwards there is social time with drinks and biscuits. There are 25 people regularly attending and 4-6 who come along to help with the running of the meeting. FRIENDS make a yearly trip to Spring Harvest at Skegness where we use of the Butlins site for a day. FRIENDS regularly have social meetings where we have buffets and do art and craft.

We have a Christmas meal together every year and finish the evening with Karaoke.

We are supported by Prospects, a nationwide charity which provides lots of services to people with learning disabilities. Prospects help Churches to set up groups nationwide and run training courses for the group leaders, helpers and members. The group recently had a Makaton training day. This day was attended by most members of the group as well as people from the local area. A certificate was provided to each person attending at the end of the day.

The people who attend regular FRIENDS meetings help with the running of the group in lots of ways, i.e admin, catering, and setting out and clearing away at every meeting. A minibus is provided for people who need transport. FRIENDS is supported by Spalding Baptist Church. Friends is run by **Sue and Alan Browne** who can be contacted on **07958 672183**.



Everybody at FRIENDS playing a tune... watch out X Factor!!!

## Profile on Day time Provider

Andrew Hawkes



'The very talented Mr Andrew Hawkes'

Hello, my name is Andrew Hawkes, a day time provider based in Boston under the leadership of our illustrious manager Dean Barnshaw. He suggested I do this, so his wish is my command.

I started life in London in 1955 and was educated in Sheperds Bush. From school I fell into painting and soon discovered a skill and liking for it. This led me to higher education, where I obtained a BA Degree in Design and Illustration at Kingston School of Art and Design. From my degree show I was offered a position at the Royal opera house and later, one within a News Paper Group.

Due to family commitments I moved to Lincolnshire and explored the option of working within the special needs community. I was offered a job as a craft instructor at an educational centre based in Horncastle and it was from here that I joined ASA in 2001. I saw the job advertised and was curious about its role within the community. I liked what I saw and a life long interest was fulfilled. The work is challenging and relies upon using your inner skills when dealing with situations which can affect an individual's life. It's a job that has an affect.

Believe it or not I have a very full home life, I live with my partner of 30 years, Barry, and dwell in a lovely 20 year old cottage near Horncastle. I have an interest in collecting old toot, my house is a bit like Steptoe's. It's an interest passed down from my mum. Other hobbies are swimming, music, and dabbling in writing and illustrating children's books. I think I've gone on long enough, see you.



'A picture of Sandi about to demonstrate how to use a water cooler'

## Profile on Louth Area Supervisor

Sandi Rance

Well, what about me as a person? Someone once said "Once heard never forgotten"! Yes – I know I can talk for England, I hope this just shows the true passion I have for a job well done!

I am married and have a daughter aged 19. When not at work I offer support to ageing relatives. I enjoy looking after my home and garden (a lot of which comes down to me as hubby loves golf and his motorbike!). Eating out with friends and a good glass of wine or two are also enjoyed.

In warmer months I like to get away in my caravan to enjoy the outdoors and some walking (not too hilly, I am allergic to them!). The odd easy-jet flight to a week of guaranteed sun also goes down well too.

I joined the Adult Placement Scheme in July 2002 as the then named Community Care Officer for the Louth/Horncastle/Mablethorpe area during which time the service was in transition to become what we all know as ASA Lincs when my job title changed to Area Supervisor.

Gosh what a long way ASA, it's providers and clients have come since then, particularly in relation to policies, procedures, risk assessments and CSC1 registration all of which are often the pain of my working day but really do promote us on a truly professional service. I know in my area we have many dedicated providers who clearly see their role as a vocation as well as employment.

Let's all keep up the good work, Best wishes, Sandi.

## Picture Presentation

Mick Robinson from Boston

ASA didn't know until recently that it had an artist in its ranks, and a fine one at that to. Mick Robinson recently presented a picture entitled 'Waterfall' to the scheme as a big thank you for the support he receives through day time provision. Needless to say we were overjoyed, so we had a bit of a shindig to thank Mick for presenting the painting to us. I must add at this point Jayne Morton did not sort out the buffet this time, so luckily we were not subjected to any 'Badgers Arse'...sorry 'Creek' red wine.

Below is a copy of the letter Mick read out at the presentation

I had a serious illness so had to stop working. I got bored and did not know what to do. So I tried having a go at putting a jigsaw together, but I soon got bored of doing that. Next I had a go at reading a book, but I forgot sentence after sentence and got bored at doing that. So I thought I would have a go at drawing and painting. I could not draw or paint while at school, but to my surprise I could draw and paint better than I thought after my illness.

I drew birds, animals, and cartoon characters and painted them as well. Andy, my support worker, informed me about water colour painting and a course that was available at Black Friars, a place in Boston that taught you how to paint with water colours. So I went along and gave it a try, I really liked it, so I took the hobby up. I was not very good at first but with taking the lessons I improved. So I also started painting at home. I liked it so I took it up as my hobby. It surprised me how

quick I improved and now I paint pictures I think are worth looking at.

I put four of my paintings in an exhibition at an Arts and Craft Show. Two of the paintings I painted at home and the other two were painted at my Blackfriars Art Lessons.



**Mick (he really is smiling...no really) with Trixie at the presentation.**



**Dawn trying to look intellectual by browsing through Mick's art portfolio.**

## To Avenge the Father

By Ronan Strobling at the official launch

Canutes Pub in Gainsborough was the venue of choice for the official launch of Lord Grant Robinson's first published novel.

Attended by clients of the Jigsaw group, providers of scheme and the Lincoln and Gainsborough Team (Dawn, Karen and Vanessa) the turn out was excellent. ASA's new respite manager Richard also made an appearance, the pub was swamped.

Ronan Strobling is the name Grants has chosen to use for his first novel, which if you look closely is the clever use of Grants name all jumbled up. The book is available for purchase on-line at [amazon.co.uk](http://amazon.co.uk) or copies can be ordered through Grant via his email address; [grant137@hotmail.com](mailto:grant137@hotmail.com).

Competitively priced the book will be of great interest to a broad range of readers, but to tickle those taste buds here's a quick summary .....

*Matt Forrester is a man on a mission. His father died in mysterious circumstances in WORLD WAR II and Matt is determined to find out why.*

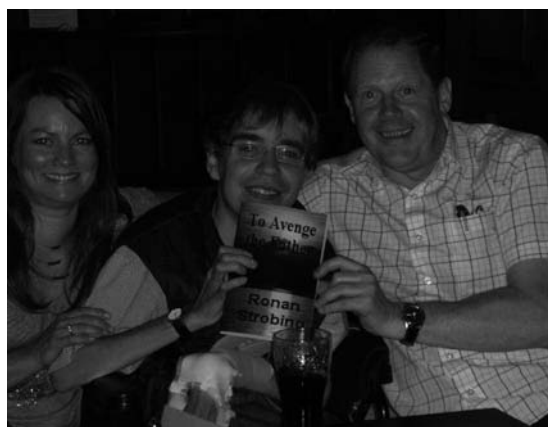
*Travel with Matt as he battles a conspiracy of silence and deadly odds to learn the truth.*

Dedicated to his day time provider Stephanie Tomms, Grant stated that despite the book being hard work to write he thoroughly enjoyed the challenge, so much so that his second novel is currently underway.

ASA wish to offer Grant the best of luck in both the sales of book number 1 and the completion of book number 2.

Watch out JK Rowling.

(please note mature readers only due to the adult content within parts of the novel)



**Grant at the launch of his book with day time providers Nigel and Stephanie.**



**Dawn with Mark Harvey at the book launch, nothing funny to say.....just a lovely photo.**



# NAAPS Carer Holiday and 'Caring for the Carers' Event

24th - 28th September 2007



**All the group having fun in the bar again..... where else!!!**

This year saw the above annual event being held at Combe Haven Holiday Park, St Leonards-on-Sea, Hastings, Sussex. Collecting Sally Wilson on route to this event, Richard Brown-Warr with Sally's local knowledge, plus map and route planner managed to negotiate all the obstacles set before them and arrived safely at the venue.

Having located our caravan accommodation, which was perched half-way down a hillside, with a beautiful view of the local landfill site, we settled into the tasks at hand. From this location we ventured forth each day climbing the side of mount Combe Haven to reach the amenities and our fellow participants.

The programme of events for the carer's covered a plethora of topics such as *The Mental Capacity Act – what it will mean for Adult Placement and What is NAAPS doing and what do you want NAAPS to do?* There were also workshops on, *Knowing your benefits, Placement Fees and Conditions for Carers – What is good practice?* and *You and Your Scheme – partnership or conflict? How to make it work.*

Whilst the carers attended the various presentations and workshops Sally and I were happily assisting to entertain clients from different parts of the country. We met some excellent swimmers who enjoyed the waterslide as well as the pool, and whilst I was enjoying a paddle and a splash around, Sally was mastering the pitch and put course with the budding golfers. Nature rambles within the nearby nature reserve were popular, as was the chance for the budding pop stars to exercise their vocal chords in the karaoke caravan. For those that were seeking solitude, peace and quite there was also the board game and art caravan.

Evenings found the majority of the holiday goers meeting at what was one of the most popular activities, the show bars, where some good entertainment was found and alcohol flowed for those who required it. Although it was a tiring week we both enjoyed it, especially as we had both made many new friends and brought away with us some nice memories.

**Article by Richard Brown-Warr  
Respite Manager.**

**Richard looking the worse for wear  
after a pint of coca-cola...steady  
sailor!!**



## Grantham & Sleaford Bowling Night Out

The Grantham and Sleaford area DTP's, Extended stay/respice providers their clients and family members got together to meet each other and have a game of bowls. As the area has been expanding it was felt that this was an opportunity for new providers and clients to meet.

The evening was a great success, with lots of good humoured rivalry, Peter Fielding (an excellent bowls player) allowed Jackie Quant to be on his team as it was felt that due to his experience he needed a handicap, Sharon Thacker captained the other team, who said they were the A team, something the

other team fiercely contested. Due to ASA staffs lack of experience and co-ordination the teams allowed them to keep the barriers up, and everyone was impressed by the way Jackie bounced her balls off them to knock down the skittles. All providers and clients played an excellent game, which resulted in Sharon's team winning, (but only by a small margin and they had more players, and Jeanie cheated!). It was lovely to see members of the extended stay providers families, and it made the evening good fun and it is hoped that a similar event will be organised in the future.'



**The Winning team managed by Sharon...Cheats and Blaggards, the whole lot of them (Jackie's words not mine).**



**"Yes Jeanie pick a ball any colour and then you roll it at the pins down the lane"**



**Okay then guess who lost...Jackie and company? Cheer up folks it's only a game.**

## The 3rd Birthday Party



**The Boston Blues Brothers and Sister – Andrew Hawkes, Mick Robinson and Lisa Spencer**



**Jayne auditioning for the part of Hostess with the Mostess on 'The Price Is Right'**



**'The Four Musketeers' from left to right: Spencer Hemstock, Nick Hand, Nick Saunders and Mike Ward who wins best beard competition.**

Well wasn't it a lovely day, everyone had a smile on their face from the moment they walked in, to the moment when they left. The last time I saw so many smiling faces, Steve McClaren had just taken over the England job. From staff to providers and from clients to directors, it was great to see how committed to the scheme we all are. The day was kicked off by Deborah Develin from Skills for Care, who told us how brilliant ASA are, as if we didn't know already, but also to sing our praises about the Co-Worker groups. Trixie was compere, directing the day's events in which she launched the new logo and brand for ASA. No comments about the technical glitches please, but who was that man? Next, John Smith gave a talk about the provider forum. Well done sir, couldn't have been easy standing in front of all of us. Everybody made a real effort to dress up, unfortunately Jayne thought it was fancy dress and came dressed as a French Maid, only joking.....not. We then had lunch provided which was lovely, plenty to go around, a few even returned for seconds, naming no

names .....Spencer and Nick, we saw you.

Afterwards, Jacky Smith (our thanks to her for allowing us the use of the venue) and Keith (all the numbers) Phillips oversaw the Raffle, again not a bottle of Badgers Creek in sight. I take it no-one wanted the toilet set as it was the last prize to go. The day's proceedings were brought to an end with a rousing rendition of the 'Twelve Days of Christmas', with Table One squealing 'partridge in a pear tree' the loudest. Unfortunately, we have just received a bill for twenty three broken panes of glass, so bang goes the free wine at the staff Xmas party.

I'm sure everyone went away from the day with a warm glow in their hearts and a very positive feeling about what ASA has achieved in the last few years, as well as looking forward to the future. It was a wonderful day of celebration and long may it continue. So pretty please Trixie, let's pencil in a date for next year again?



**'And for my next trick' Deborah Develin about to pull a rabbit out of the tin.**

# My Respite Adventure

Sam Jervis

## Sunday 23rd September

This evening my parents took me to Nigel's house. As we pulled in his drive my mobile started to ring. It was Nigel wondering where I was because he was at my house. We then waited in the car outside his house for his return. I stayed at his house for the night.

## Monday 24th September

After breakfast me, Nigel and Mark got ready to go to Butlins in Skegness. First of all we had to take Nigel's cat to the cattery at Willingham. When we arrived at Butlins Nigel went to sign in and to hire a wheelchair for me to use for the week. Me and Mark waited in the Skyline until Nigel had sorted our accommodation. In the meantime me and Mark watched a show. When Nigel returned he showed us our accommodation. Our accommodation was at 9 Oyster Bay which is a self catering accommodation. For tea we had Fish and chips followed by ice cream from Burger King. Afterwards we decided to go on the arcade machines (we went into the arcades everyday). In the evening we went to the cinema to see Room 1408. This film is about a man who stays in hotel in room 1408. After the film we went to a pub called the Sun and Moon for a drink before going back to the apartment. Me and Nigel had another drink before we went to bed.

## Tuesday 25th September

We had breakfast each morning before leaving our accommodation. First of all we went to the funfair. We went on the dodgems, the horses and a simulator ride. In the afternoon went to the Centre Stage to watch 'Let's Get Ready

To Rumble Butlins Super Slam Wrestling' which we enjoyed. When we left Centre Stage we went back to cinema to watch Simpsons the movie. In the evening we went back to Centre Stage to watch a family game show called Bog Standard. After the show we went into Reds (which is another entertainment venue) to watch a Kylie Minogue tribute concert. Afterwards we returned to our apartment and had a drink.

## Wednesday 26th September

Today we decided to go into 'Splash' to go Swimming. The swimming pool is divided into different sections. I enjoyed my swim especially going through the rapids. After swimming Nigel took our things back to our apartment. Me and Mark went shopping for cakes and a newspaper. For tea we went to Papa Johns to have a pizza. In the evening we went into Centre Stage to watch a tribute to the Spice Girls which was called The Spice of Life. Then we watched King Meets Queen which was a tribute to Elvis Presley and Freddie Mercury.

## Thursday 27th September

Today we decided to go swimming again. Afterwards we did the same as Wednesday where Nigel took the things back to the apartment whilst me and Mark went to the shop. When we had something to eat and drink we went back to the Funfair. We went on the dodgems, horses, simulator and me and Nigel went on the Go-karts. For tea I treated Nigel and Mark to a meal and drink in the Sun and Moon. After tea we went for a game of Tenpin Bowling before we went to the cinema



to watch *Disturbia*. This movie is about a boy who gets into trouble by the police and he has a tracker on his ankle and he's only allowed in a certain distance before the tracker goes off then the police know. When we came out of the cinema we went to Jumping Jaks.

### Friday 28th September

As today was our final day at Butlins we had to wake up early so we could get sorted and load up the car. We had to leave the apartment at 10am. Then we went shopping for gifts, I brought Toffee, Fudge and Sticks of Rock. We exchanged all the tickets we won throughout the week on the arcades and picked a prize. We had a final go on the arcades before we departed Butlins. On the way back to Gainsborough we went to Willingham to pick up Nigel's cat. In the evening I treated Nigel and Mark to tea again at Weatherspoons. Then we went to the Peacock for karaoke.

### Saturday 29th September

In the afternoon we went to shopping in Doncaster. Afterwards Nigel and Mark treated my tea as it was my last night before I came home. We then decided to go to the cinema to see *Run Fatboy Run*. This is a funny movie about someone who runs the London Marathon just to prove to someone that he loves them. This was the first time that I have been to Butlins. I would definitely go again.



**Sam 'Old Boy', as ever in the bar again with 'Wing Commander' Nigel Bishop.**

## Bainland Country Park

Warm greetings and welcome to Bainland Country Park. We are a large but tranquil family-owned caravan park set in over 40 acres of ancient woodland just 1.5 miles from the delightful Edwardian spa town of Woodhall Spa

Nestling amongst the beautiful Lincolnshire Wolds, we are classified as one of the top-graded caravan parks in the country and our knowledgeable and helpful staff are here to welcome you and make your stay a memorable one all year round, which makes us an ideal location for your out-of-season winter break. If you would prefer the convenience and luxury offered by either our static 6-

berth Caravans or one of our range of Lodges

For a clearer picture of the extensive facilities and recreational activities available to all campers on site, from swimming, tennis, golf, eating out and entertainment as well as lots of others, you will find our Website useful

[www.bainland.co.uk](http://www.bainland.co.uk) We have designed the website to reflect the friendly and accessible nature of the park itself, and we hope it will give you a clear impression of what you can expect from us during your visit. To find out what's available for you to see and do on those day trips out and about in magnificent Lincolnshire,

whether it's visiting an old-fashioned cinema in the woods, Lincoln's beautiful cathedral or discovering some of the area's proud aviation history, have a look at our what's nearby page.

And finally, if you don't see the information here that answers all your questions, if you would like to speak with someone more directly or you have any other comments at all then please contact us and we will do our best to help you.

As deal for Jigsaw readers, Haydn Davies the owner, has agreed that if you book now for next year, he will keep to this years prices.

## 'Let me tell you what has happened to me in the past year'

Stuart Wooley from Mablethorpe

My name is Stuart. I live with my Mum, Dad and Brother. For three years I went to college at LRAC (Lincolnshire Rural Activity Centre) in Kenwick. I really enjoyed this time because I did lots of different courses such as horticulture and conservation. I liked my time in the gardens, particularly when there was any heavy work to do because I am very strong. I also did a health and safety course and I have never forgot what my instructor taught me and what ever I do I always follow the safety rules.

I like going out and doing different activities so when I finished my time at college, my social worker arranged with Adults Supporting Adults for me to have a Day time Provider called Margaret. I was a bit unsure at first, but soon relaxed because we got on so well. We talked about what I liked to do and after several phone calls with the help from Robert Lidstone of Lincolnshire Wildlife Trust, I was offered some conservation work. Every Wednesday morning for 3 hours we travelled to some 14 different coastal reserves, checking for damaged or dirty signs, picking up litter, trimming back over-hanging branches and looking out for fly tipping. Once we found a burnt out car which we had to report to the warden. In September, Rob presented me with a certificate thanking me for all my hard work. I was very proud as you can see from the photograph of me and Rob.

Margaret has another idea to try indoor bowls, so she contacted a man called Harry who organises as group of mostly retired people who have a practice

night. We were made very welcome and lent bowls to play with, we just had to wear our own flat soled shoes. One evening a week for almost a year we have been playing bowls. I have gradually learned the rules and become quite skilful at aiming at the jack and gaining a winning point. I really enjoyed learning how to play bowls and have made some new friends. In October, Harry had a great surprise for me. He presented me with a trophy for the 'Most Improved Player 2007'. This is something I will always be proud of.

Our thanks to Margaret for supporting Stuart to write this article.



**Stuart receiving his certificate from the Lincolnshire Wildlife Trust**



**Mr Wooley being presented with his trophy for most improved player.**

## Skills for Care - Leicester Conference

Back in September, ASA and some members of the Lincoln and Gainsborough Co-worker Group were invited to be part of a workshop for the Skills for Care Conference. Held at the Peepul Centre in Leicester, the event was attended by organisations from all over the East Midlands who were interested in the development of staff but also at how they can involve clients more in their day-to-day work.

ASA were invited because of their work in developing the Co-Worker groups which have been running within the scheme for a number of years now. The groups as you know work along side staff on interview days and have become a very important part of the process. The two long standing groups from Gainsborough, Spalding have recently been joined by a new group from the Sleaford/Spalding area (you may remember the article last edition).

Any way back to the conference, a group was hand picked for the occasion, Dean (Colonel Bagshot) Barnshaw for his skills in supporting others (at the bar) and negotiating whilst under the influence, Dawn Maplethorpe for looking slightly intelligent, oh yes she was also the group's spokesperson, Nigel (Wing Commander) Bishop for his courage in performing extra curricular activities, Sam (Old Boy) Jervis for his ability to steal the show, Andrea Hindle for her glamour and being an excellent team member and Emma Bonnett for her wit and sense of humour. Last and by all means least, Jayne Morton joined the group later to remind us all what it is like to have a bad hair day, as she always does.



The group were booked in to a lovely hotel the night before; unfortunately they had no knowledge of our booking, so there were no rooms left. Fortunately, with Mr Barnshaw at hand and his powers of persuasion, the group decanted to the bar whilst the matter was sorted. Two hours later, rooms were made available and as a token of someone's 'mess up' the group were allowed all they could eat from the restaurant menu free of charge. After tantalising the taste buds (Dawn egg and chips) with much wine and port, the group again moved into the bar for the evening's fun and frivolities with the Colonel, Wing Commander, Old Boy and the ladies. Any way less said about that the better, needless to say the group were up bright eyed and bushy-tailed next morning ready for the conference. Quite how someone burnt their nose on a set of straightening tongues, I'll never know.

After a morning of speeches it was our turn, having to put on two workshops either side of a lovely lunch of Indian cuisine and a walk in the park. Both workshops were full to the brim with everyone very interested in what the group had to say. Jayne informed the workshops of who ASA were and said a little about how the co-worker groups began. Then Dawn chipped in with her spiel about how the groups are trained and how they are involved in the interview process. Sam stole the show talking of his involvement with the group, along with Emma and Andrea. Nigel and Dean just sat and smiled trying to look good. It was a great day, ASA made some new friends (namely Simon) and we were all thanked individually for our involvement. It was good to feel valued and to be part of something so positive. So much so, I believe Skills for Care are in the process of inviting the group to another conference early next year. So watch this space.

# Learning the Ropes Training

For those of you who that have missed some of the modules since the programme began, here are the dates and venue for the coming year. Some of the modules have still to run in their respective areas up until April 2008.

## TIMETABLE 2008/2009

Module Number	Trainer	Buddy	Date	Venue
1	DB	LS	8 <sup>th</sup> May 2008	New Life Centre, Sleaford
2	JM	DB	3 <sup>rd</sup> June 2008	New Life Centre, Sleaford
3	SW	JQ	24 <sup>th</sup> July 2008	New Life Centre, Sleaford
4	JM	ST	9 <sup>th</sup> September 2008	New Life Centre, Sleaford
5	DM	KN	9 <sup>th</sup> October 2008	New Life Centre, Sleaford
6	SR	RBW	4 <sup>th</sup> November 2008	New Life Centre, Sleaford
7	JQ	SW	4 <sup>th</sup> December 2008	New Life Centre, Sleaford
8	ST	JM	20 <sup>th</sup> January 2009	New Life Centre, Sleaford
9	LS	DB	12 <sup>th</sup> February 2009	New Life Centre, Sleaford
10	VC	DM	10 <sup>th</sup> March 2009	New Life Centre, Sleaford
11	KN	DM	16 <sup>th</sup> April 2009	New Life Centre, Sleaford
12	RBW	VC	12 <sup>th</sup> May 2009	New Life Centre, Sleaford

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