# Could asa help someone you know?

Providing support for people who wish to remain or become a part of their chosen community



#### **Shop2Gether**

Your own personal shopper – designed to help you get to the shops.

- Local resource
- Pick up from home
- Help around the store
- Coffee and cake (optional)
- Return Journey and help you to put your shopping away (if needed)

...from your door to the store

#### Lifestyle Brokerage

A Personal Budget is an amount of money allocated to you to meet your social care needs. This gives you the freedom to

choose who can help and support you to make choices about your life.



ASA help empower you to choose how you live your life without the worry of having to:

- Employ people Find services
- Manage a budget Do it alone

Lifestyle Brokerage are here to talk over your decisions and we'll be there for as long as you want us.

# Extended Stay & Respite

Families support clients in a variety of ways responding to each persons' needs, some examples of which are:

- Home skills, such as cooking and managing finances
- Social and emotional support
- Making friends and developing links within the community
- Accessing local resources
- Support into employment
- We are a shared lives provider
- ...it's your choice

#### **Daytime Provision**

The resource can be an activity or community led support and is provided on a one-to-one basis, for example:

- Support to develop domestic skills, such as cooking and managing personal finances
- Making friends in the community
- Attending Adult Education Classes
- Supporting clients back to work
- Or, just going down the pub

...it's your choice



#### **Volunteers**

Adults supporting Adults is a Lincolnshire based not-for-profit organisation, providing opportunities for people to develop skills which enable personal choice and a more independent lifestyle.

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- Shon2Gether

We are always seeking new volunteers who donate time according to their lifestyle. Talk to us

Contact ASA on 01529 416270 or email us enquiries@asaorg.co.uk



## **Sitting Service**

A specific resource provided by ASA trained staff that enables the family to have a short break during the day.



...break up the day

#### **Extended Stay**



Developing skills of independence whilst living within the support & security of one of our families.

#### Respite Resource



Respite is a flexible resource offering clients and their family carers a supportive break from each other.

- Stay with a family
- Have someone stay with you in your home
- Be supported to go on holiday

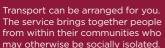
## At Home Day Resource

A day resource based in the providers' home for people who have dementia or anyone who would benefit from the uniqueness of this small group based activity. These may include:

- Maintenance of people's interests
- Provides a break for the family carer
- The resource is provide within a 1:3 ratio
- Help maintain links with the community
- ...it's your choice

## **Spriteleys**





If you would like to know if there is a group in your area or whether one can be arranged please call ASA today.

...bringing back the community spirit

#### Offices

Sleaford (Head office), Spalding, Louth, Lincoln, Gainsborough and Boston Tel 01529 416270 | Fax 01529 414012 Email enquiries@asaorg.co.uk

For details of any of the resources listed or for more information visit:

#### www.asaorg.co.uk



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